

## ULTRA ADVANCED UPPER EXTREMITY COURSE

### Course Description:

This 5-day NEURO-IFRAH® Organization Approved Ultra Advanced course is designed for therapists who have completed a Neuro-IFRAH® advanced upper extremity course or a Neuro-IFRAH® Certification course originated by Waleed Al-Oboudi. Information presented in this course expands on and exceeds advanced concepts to increase the specialized clinician's handling, knowledge and problem solving skills.

The emphasis is placed on multiple strategies to develop all characteristics of upper extremity function and carry over at various levels of recovery.

Numerous unmatched lab will focus on increasing the experienced clinician's options in handling and increasing patient's responses to management.

As in advanced courses, highly effective, holistic and inclusive strategies will be utilized in accessing the patients in a variety of ways with ongoing attention to overall whole body and system functional coordination.

The format will include lectures, practice labs, problem solving, patient demonstration by the instructor and actual patient management by the participants. All information will be supported by handouts and audio visual materials.

### Course Objectives

Upon completion of the course participants will be able to:

1. Identify a minimum of 3 strategies to increase upper extremity use for support, manipulation, balance, expression, as a tool, emotional release, comfort, containment, protection and propulsion in various conditions of observation.
2. Identify individualized strategies to effectively increase mobility throughout the upper extremity and related structures throughout the body.
3. Differentiate between normal and abnormal upper extremity function, and biomechanical alignment in various conditions of observation
4. Develop protocols to enhance patient follow through and team reinforcement throughout the continuum of care.
5. Apply handling techniques effectively to restore upper extremity function an actual patient with hemiplegia from a stroke or brain injury.

Neuro-Intergrative Functional  
Rehabilitation and Habilitation  
(NEURO-IFRAH®) Organization  
Approved Ultra Advanced Courses

Ultra Advanced  
Upper Extremity Course

Ultra Advanced Hand  
Function/Fine Motor  
Control Course

Ultra Advanced Function in  
Upright Postures

Ultra Advanced  
Handling Intensive Course



Presented By:



NEURO-IFRAH® CENTER

[www.NEURO-IFRAH.org](http://www.NEURO-IFRAH.org)

## ULTRA ADVANCED HAND FUNCTION/ FINE MOTOR CONTROL COURSE

### Course Description:

This 5-day NEURO-IFRAH® Organization Approved Course Ultra-Advance Course is specifically designed for occupational therapists who specialize in treatment of adults with hemiplegia from a stroke or brain injury. The emphasis of this course is on restoring all characteristics of hand function with emphasis on the re-acquisition of manipulation in coordination with the whole body and other systems. This course builds on the unique and highly effective strategies introduced in the Advanced Hand Function/Fine Motor Control course. Participants applying for this course must have completed an Advanced Hand Function/Fine Motor Control course or a NEURO-IFRAH® Certification course originated by Waleed Al-Oboudi

The format of this course will include lecture, lab, patient demonstration by the instructor and actual patient treatment by the participants.

### Course Objectives

Upon completion of the course participants will be able to:

1. Identify three strategies to restore a minimum often characteristics of Hand Function.
2. Identify strategies to develop and maintain mobility throughout the hand, wrist and forearm.
3. Differentiate between normal and abnormal hand function and biomechanical alignment in various conditions and observation.
4. Develop protocols to enhance patient and team reinforcement and follow through throughout the continuum of care.
5. Apply handling techniques effectively to help restore hand function on an actual patient with hemiplegia from a stroke or brain injury.



## ULTRA ADVANCED FUNCTION IN UPRIGHT POSTURES

### Course Description:

This five day NEURO-IFRAH® Organization Approved Ultra Advanced Course is designed for physical and occupational therapist who specialize in the treatment of adults with hemiplegia from a stroke or brain injury. This course is the 4th in a series preceded by Walking for Life Intermediate Function in Upright Postures. As a pre-requisite to taking this course, participants must have completed Advanced Function in Upright Postures, q't'a Neuro-IFRAH® Certification course q't'k l'p'c'v'g'f 'd{ Y c'rg'g'f 'C'n'Q'd'q'w'f 'k}

Other applicants may be accepted only with special permission by the instructor. This course is designed to build on and go beyond the highly effective strategies introduced in Advanced Function in Upright Posture course. This course will be focused on the development of refined and complex control required for effective resumption of higher level functional activities, i.e.: sports and work related activities requiring multi task processing and whole person/all system coordination. This course will cover the reacquisition of running, jumping, control with speed, force intensity, duration, sustaining performance and coordination. This course is specifically designed by Waleed A-Oboudi and promises to continue with the tradition of introducing concepts and strategies of management that are unmatched and surpass any concepts available in rehabilitation. The course format will include lecture, lab, patient demonstration by the instructor and patient management by the participants

### Course Objectives:

Upon completion of this course, participants will be able to:

1. Identify the missing components of movement and otherwise interfering with a patient's ability to resume or assume desired level of functional activity or roles.
2. Develop management goals and plan that address the missing components interfering with patient's ability to resume or assume desired level of functional and activity or roles.
3. Implement a management plan that progresses a given patient step by step towards established management goals.
4. Develop a protocol for overall assessment and management of adult patients with hemiplegia who are interested in resuming a higher level of functional activity.

NEURO-IFRAH®  
**ULTRA ADVANCED HANDLING  
INTENSIVE COURSE**

**Course Description:**

This NEURO-IFRAH® Organization approved Course is designed for physical and occupational therapists who specialize in the treatment of adults with hemiplegia from a stroke or brain injury. This course is provided in two formats and lengths. The international three day format provided in France and Italy in 2004 is designed for clinicians who would like to combine travel with their educational experience and network on an international level. The two-Five day format is available for set up by appointment only with Waleed Al-Oboudi and will be held at the NEURO-IFRAH® Center in La Jolla, California.

The course format will include a list of challenges in management identified by the course participants, labs addressing each identified challenge with multiple management strategies, problem solving sessions by participants, audio visuals supporting concepts and strategies. Patient handling by participants included in courses provided in the United States of America.

**Course Objectives:**

Upon completion of this course, participants will be able to:

1. Identify challenges to maximizing functional outcomes in various conditions of observation.
2. Identify management strategies to effectively address each challenge identified by participants.
3. Apply handling techniques to restore the missing components interfering with recovery.



**Program Faculty:**

**WALEED AL-BOUDI, M OT, OT R,** is a renowned therapist and educator in the field of rehabilitation nationally and internationally. He is the originator of the Neuro-IFRAH® approach and is widely known for his superior and unmatched concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury.

His basic to advanced concepts are widely copied as he was the mentor of a notable number of nationally known educators for many years. From 1993-2003 Mr Al-Oboudi taught more 3 week Neuro-Developmental Treatment/ Bobath courses than any one in the field and most of the advanced courses ever taught on record. He is the originator of all his intermediate to advanced



concepts and applications. In January 2004 Mr. Al-Oboudi stopped teaching and contributing to other approaches and originated Neuro-Dynamic Therapy that since then has been identified by his concepts and applications as the Neuro-IFRAH® approach. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al-Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro-IFRAH® Instructors at top facilities and are known to be the most popular and effective courses nationally and internationally. Mr. Al-Oboudi's superior and unmatched concepts and clinical skills are self evident and set the standard of excellence as they have been continuously demonstrated in live national conferences courses and teleconferences for over 20 years.

**Information:**

For more information, please contact us at

Email: [Info@Neuro-IFRAH.org](mailto:Info@Neuro-IFRAH.org)

or :

For more information contact our website at:

[WWW.Neuro-IFRAH.org](http://WWW.Neuro-IFRAH.org)

## GENERAL INFORMATION

### COSTS:

**Ultra Advanced Upper  
Extremity Course**

\$1100.00

**Ultra Advanced Hand  
Function/Fine Motor**

\$1100.00

**Ultra Advanced Function  
in Upright Postures**

\$1100.00

**Ultra Advanced  
Handling Intensive Course**

\$1100.00

TIME: 8:30 am ~ 5:00 pm

REGISTRATION: 8am ~ 8:30 am

PARKING: Please contact the Neuro-IFRAH® Center.

REFUND POLICY: All fees will be refunded except for \$55.00 administrative charge if written notice of withdraw is received on or before one month prior to course date. No refunds will be granted after that date. Cancellation by sponsor/instructor will result in full refund of tuition. Sponsor is not responsible for additional expenses incurred by registrants.

### Location:

**NEURO-IFRAH® Center**

In beautiful La Jolla, California  
Located near the Pacific Ocean at  
3252 Holiday Court suite 203, La Jolla CA, 92037  
The center is within walking distance from  
hotels and 20 minutes from San Diego airport.

### Hotel/Motel Information\*:

Special hotel rate has been arranged at the Sheraton  
La Jolla, CA (858) 453-5500. Please call  
for reservations and ask for The Neuro-IFRAH®  
group rate.

## REGISTRATION

Please enroll me in the course:

**Ultra Advance Upper  
Extremity Course**

Date: \_\_\_\_\_

**Ultra Advanced Hand  
Function/Fine Motor  
Control Course**

Date: \_\_\_\_\_

**Ultra Advanced Function  
in Upright Postures**

Date: \_\_\_\_\_

**Ultra Advanced  
Handling Intensive Course**

By Appointment, La Jolla, CA

Please call 858-550-1455 to arrange  
an individual schedule.

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Profession: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Send completed application and your payment to:

NEURO-IFRAH Center  
3252 Holiday Court suite 203  
La Jolla CA, 92037  
Tel: (858) 550-1455  
Fax: (858) 550-5977