

## Neuro-IFRAH® Center & Clinic Owners



**WALEED AL-OBOUDI, MOT, OTR/L,** is a therapist and educator in the field of rehabilitation nationally and internationally for over 30 years. He is the originator

of the Neuro-IFRAH® approach and is known for his concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury. Many of his basic to advanced concepts are copied as he was the mentor of a number of known educators for many years. He is the originator of all his intermediate to advanced concepts and applications. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al-Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro-IFRAH® Instructors at top facilities and are popular and effective courses nationally and internationally.

Mr. Al-Oboudi's concepts and clinical skills are self evident and aim to set a standard of excellence in rehabilitation as they have been continuously demonstrated in live national conferences, courses, and teleconferences for over 25 years.



**AMELIA CHANG, PT, DPT, MHA**

has a wide range of experience in sub-acute, acute, inpatient, outpatient, and home health rehabilitation of patients affected by neurological as well as orthopedic conditions.

Ms Chang integrates her background in Yoga, Pilates and stretching into her therapy. Ms. Chang assists Mr. Al-Oboudi in therapy and education programs at the Neuro-IFRAH® Center.

## Contact Information and Locations

To arrange an appointment please call  
Tel: **858-550-1455**  
Fax: **858-550-5977**  
Or please visit  
[www.Neuro-IFRAH.org](http://www.Neuro-IFRAH.org)  
[info@neuro-ifrah.org](mailto:info@neuro-ifrah.org)

Locations:

**Neuro-IFRAH® Center**  
**3252 Holiday Court**  
**Suite 207**  
**La Jolla, CA 92037**

La Jolla/San Diego hotel Information:  
A Neuro-IFRAH® preferred discounted room rate has been set up with Hyatt Aventine La Jolla (Aventine rate), Marriott Residence Inn at Gilman and Sheraton La Jolla. Keep in mind; these preferred rates are based on availability so reserve your room early. To receive the discounted rate, please call the hotel directly and ask for Neuro-IFRAH® rate.

**Neuro-IFRAH® Clinic  
and Education Institute**  
**1241 E Hillsdale Blvd,**  
**Suite 250**  
**Foster City, CA 94404**  
**(San Francisco Area)**



Neuro-IFRAH®

**Neuro-Integrative Functional  
Rehabilitation And Habilitation  
programs for patients affected  
by a stroke or brain injury.**



**Neuro-IFRAH® Clinic  
and Education Institute**  
**Foster City, CA**



**Neuro-IFRAH® Center**  
**La Jolla, CA**

# Welcome to Our Center & Clinics

# Treatment/Management Programs with Waleed Al-Oboudi

# Programs/ Schedule

What is Neuro-IFRAH®?

Neuro-IFRAH® Stands for Neuro- Integrative Functional Rehabilitation And Habilitation. This approach is specifically intended for patients affected by lesions at the level of the brain stem and above. This dynamic whole person, functional and effective approach was originated by Waleed Al-Oboudi, a clinician and educator in the field of rehabilitation for over 30 years.

The Neuro-IFRAH® concepts and applications are taught throughout the United States and internationally.

Neuro-IFRAH® is a highly regarded approach by skilled hands on clinicians who are focused on self evident, effective functional positive outcomes on patient's impairments, functional status and life roles.

Thousands of therapists nationally and internationally have taken Neuro-IFRAH® courses. Surveys done by independent entities confirm the massive positive feedback by actual clinicians.

Achieving higher hands on skills is a long life process that requires years of dedication to excellence in clinical skill in line with rehabilitation principals.

For more information please visit:  
[www.Neuro-IFRAH.org](http://www.Neuro-IFRAH.org)  
[www.Neuro-IFRAHproducts.com](http://www.Neuro-IFRAHproducts.com)  
[www.Neuro-IFRAHinstructors.com](http://www.Neuro-IFRAHinstructors.com)

The Neuro-IFRAH® Center and Clinics guided by the originator of the Neuro-IFRAH® approach Mr. Waleed Al-Oboudi, MOT, OTR/L are staffed by Neuro-IFRAH® Instructors & Advanced Clinicians who are dedicated to the mission of healthcare & the vision of excellence in rehabilitation that is self evident in patient progress.

Neuro-IFRAH® is and individualized approach that provides a positive option for patients as evidenced by thousands of case studies & self evident effective outcomes on actual patients.

The Neuro-IFRAH® approach is known to rehabilitate rehabilitation by placing the emphasis on sound rehabilitation principals & the mission of health care & service.

The aim of the therapy programs is to maximize patients functional outcomes based on goals agreed upon by the patient and therapist.

## Therapy Program 1

Six hours of intensive therapy daily (M – F) for 5 days with 3 hours of rest allotted between AM and PM sessions.

Time	M	T	W	Th	F
9AM-12PM	●	●	●	●	●
3PM-6PM	●	●	●	●	●

## Therapy Program 2

Four hours of intensive therapy daily (M – F) for 5 days with 3 hours of rest allotted between sessions.

Time	M	T	W	Th	F
1PM-3PM	●	●	●	●	●
6PM-8PM	●	●	●	●	●

**A WIDE RANGE OF OTHER PROGRAMS 1-5 HOURS PER DAY, 1-7 DAYS PER WEEK, ARE AVAILABLE AT THE FOSTER CITY AND LA JOLLA NEURO-IFRAH CLINICS**

### Payment:

Neuro-IFRAH® Center & Clinics are fee for service. We do not bill or fill out forms for insurance companies or other third party payers.