



Neuro-IFRAH Clinics by Waleed | Memphis 6800 Poplar Avenue Suite 110 Memphis, TN 38138

Certification Course in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury

A Neuro-IFRAH® Organization Approved Course that includes basic to advanced concepts of the Neuro-Integrative Functional Rehabilitation And Habilitation (Neuro-IFRAH®) approach

By Waleed Al-Oboudi

Course held at Neuro-IFRAH Clinics by Waleed Memphis

6800 Poplar Avenue Suite 110 Memphis, TN 38138

Part 1: September 6-12, 2025

Part 2: November 1-7, 2025

Cost: \$3,900 early bird price prior to May 1, 2025. \$4,300 after May 1, 2025

Tuition Covers Parts I & II materials.

Course Instructors:

Megan Warr, OTR, Neuro-IFRAH Instructor®, Neuro-IFRAH Specialist®, Neuro-IFRAH International™ and Neuro-IFRAH Global™, NEURO-IFRAH TRAINED CLINICAL, NEURO-IFRAH CERTIFIED CLINICAL, NEURO-IFRAH ADVANCED TRAINED CLINICAL, NEURO-IFRAH SPECIALIST CLINICAL, NEURO-IFRAH INSTRUCTORS CLINICAL. A native Memphian, Megan received her degree in Occupational Therapy from The University of Tennessee, Health Science Center in 1992. Megan has experience throughout the spectrum of rehabilitation having worked in acute care/trauma ICU, inpatient and outpatient rehabilitation, skilled care and since 2006 treating patients privately in their homes. Since 1995 Megan has specialized in the treatment of individuals effected by stroke or brain injury. Megan has been mentored through her career by Waleed Al-Oboudi, MOT, OTR, the author of the Neuro-IFRAH® Approach. Megan finished her Neuro-IFRAH Instructor® training in 2004 and has been teaching Neuro-IFRAH® courses to therapists across the U.S. and Internationally since that time. In 2018 Megan, along with Brad Potts PT opened Neuro-IFRAH Clinics by Waleed™ Memphis.

Phone: 901-623-9020

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Email: megan.warr@neuro-ifrahclinicsbywaleed-memphis.com

Website: www.neuro-ifrahclinicsbywaleed.com

Mary Linder, OTR/L, Neuro-IFRAH Instructor®, Neuro-IFRAH Specialist®, Neuro-IFRAH International™ and Neuro-IFRAH Global™ NEURO-IFRAH TRAINED CLINICAL, NEURO-IFRAH CERTIFIED CLINICAL, NEURO-IFRAH ADVANCED TRAINED CLINICAL, NEURO-IFRAH SPECIALIST CLINICAL, NEURO-IFRAH INSTRUCTORS CLINICAL received her degree in Occupational Therapy from the University of Tennessee in 1994. Mary is an instructor for introductory and intermediate courses as well as introductory course for nurses, the 98 contact hour certification course and the Advanced Upper Extremity Course. Mary has worked in IP and OP rehabilitation and since 2010 in private practice. She has served as team lead and Director of Clinical Services over inpatient and outpatient PT, OT and ST. She has specialized in the treatment of adults with stroke and brain injury since 1999 and continues to be mentored by Waleed Al-Oboudi, MOT, OTR, author of the Neuro – IFRAH®. She became a clinical educator with Healthsouth in 2001. Mary finished the Neuro-IFRAH Instructor® Training Program in August 2004. She was issued her Neuro-IFRAH specialist® certificate in July 2006. In 2023 she joined Megan Warr and Brad Potts in Neuro-IFRAH Clinics by Waleed™ Memphis.

Email: mary.linder@neuro-ifrahclinicsbywaleed-memphis.com

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Brad Potts, PT, Neuro-IFRAH Instructor® received his degree in Physical Therapy from The University of Oklahoma in 1996. Brad has over twenty years of experience most often treating patients with hemiplegia due to stroke or traumatic brain injury. He is a certified Neuro-IFRAH Instructor® and Neuro IFRAH® Certified, and Neuro-IFRAH® Advanced Trained, NEURO-IFRAH TRAINED CLINICAL, NEURO-IFRAH CERTIFIED CLINICAL, and has been mentored since 2007 by Waleed Al-Oboudi, MOT, OTR the author of the Neuro-IFRAH® Approach. Brad has a variety of experience working in inpatient and outpatient rehab and most recently working with patients privately in their homes. In 2018 Brad, along with Megan Warr, OTR opened Memphis Neuro Rehabilitation Clinic, a private clinic specializing in the treatment of patients who have sustained a stroke or brain injury.

Email: brad.potts@neuro-ifrahclinicsbywaleed-memphis.com

Website: www.neuro-ifrahclinicsbywaleed.com

Location: Neuro-IFRAH Clinics by Waleed™ Memphis

6800 Poplar Avenue Suite 110 Memphis, TN Phone 38138

Phone 901-623-9020 Fax 901-623-9021

Participant Requirements:

This course is specifically designed for occupational therapists who work with patients affected by stroke or brain injury. Licensed occupational therapy assistants, physical therapists and licensed physical therapy assistants require special permission for acceptance.

Course Description:

This course is specifically designed for occupational therapists who work with patients affected by stroke or brain injury. Licensed occupational therapy assistants, physical therapists and licensed physical therapy assistants require special permission for acceptance. This course is provided in two formats: "Format A," part I (7 days) and part II (7 days) for a total of 14 days; "Format B," part I (10 days over 2 weeks) and part II (5 days) for a total of 15 days. Both formats A and B provide 98 hours of instruction. This comprehensive course covers basic to advanced concepts and effective application in a practical, organized manner to enhance learning. The main emphasis is on assessment and management to develop excellence in maximizing functional outcomes throughout the continuum of care. This course utilizes an integrative whole-person approach with emphasis on restoring function and making it functional for a return to independent living and resumption/assumption of roles. Challenges encountered by therapists in meeting their patients' needs throughout the continuum of care are addressed throughout the course. The course consists of lecture, laboratory practice, demonstrations, and patient treatment. Individual attention by the instructors will be provided to enhance participants' observation, handling, and problem-solving skills. This course includes the practical application of current basic to advanced concepts sequenced in a creative manner to help all participants meet the course objectives as well as their individual objectives. Waleed Al-Oboudi, who has taught the most multiple-week courses in the past 10 years and the majority of the advanced courses ever taught throughout the United States, specifically designed this course.



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Waleed Al Oboudi is the originator of the Neuro- IFRAH® approach and is known for his concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury. Many of his basic to advanced concepts are copied as he was the mentor of a number of known educators for many years. He is the originator of all his intermediate to advanced concepts and applications. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al- Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro- IFRAH® Instructors at top facilities and are popular and effective courses nationally and internationally. Mr. Al- Oboudi's concepts and clinical skills are self evident and aim to set a standard of excellence in rehabilitation as they have been continuously demonstrated in live national conferences, courses, and teleconferences for over 25 years.

Please Circulate to Physical and Occupational Therapy Departments

For Sponsoring Introductory, Intermediate, Certification or Advanced Courses In your area, please call 1-901-623-9020

Course Objectives:

1. Identify the impact of the stroke / brain injury on the patient's life roles and the functional limitations interfering with his/her ability to resume / assume those roles.
2. Identify the primary & secondary impairments (movement & otherwise) underlying the functional limitations in various postures including function in upright posture.
3. Select functional activities that will assess the patient's functional limitations and underlying impairments in various postures including function in upright posture.
4. Identify concepts related to musculoskeletal biomechanics and function of the trunk, upper extremities, lower extremities, head/neck and overall body coordination.
5. Differentiate between normal and abnormal movement throughout the body in various postures and transitions in functional activities including activities in upright posture.
6. Identify concepts related to the impact of whole-body alignment and control, as well as other mobility and control variables on respiration.
7. Identify missing components/processes necessary for interaction with the environment, effective learning and generalization of skills / carry over.
8. Identify concepts related to facilitation of upper extremity and lower extremity use/ function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.

9. Develop a comprehensive treatment plan that will include preparation of mobility and control and facilitation of normal movement during functional activities in all postures, and ideas for carry over.
10. Develop strategies to facilitate the patients, increase awareness of the rehab process, improved self image and confidence, adaptation and planning /pacing skills.
11. Apply management strategies to help patients obtain missing components of movement throughout the body that are interfering with functioning at a higher level in all postures including function in upright
12. Modify management strategies effectively based on the patient's response to maximize use of more normal and efficient movement patterns in functional activities.
13. Demonstrate effective application of handling concepts in developing upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
14. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual-motor, and emotional considerations into activities of daily living and other functional activities. 15. Identify concepts related to the restoration of automaticity throughout the whole body, and carryover in functional use during activities of daily living and other functional activities.

Application: Neuro-IFRAH® Certification Course

Part I: **September 6-12, 2025**

Part II: **November 1-7, 2025**

Name: _____ Profession: _____

Mailing Address: _____

City: _____ State: _____ Zip code: _____

Phone: _____ Email: _____

Professional School Attended: _____

Date Graduated: _____ Current Position: _____

Hours of direct patient treatment per week: _____

Other Responsibilities: _____

Type of Facility: _____

Number of years treating adults with hemiplegia _____

Licensure Status/Malpractice Liability Insurance:

You are required to have malpractice liability insurance which will cover you during your participation in the course. If accepted, you will be required to submit proof of current coverage. You must submit a copy of your current professional license/ registration with your application.

Optional Personal Statement Enclosed?

Yes____ No____

(Please see comments regarding optional personal statement under the Application Process)

Do you want Hotel/Motel information to be forwarded to you?

Yes ____ No ____

Signature: _____ Date: _____

Note: We reserve the right to cancel this course, if necessary. Tuition will be reimbursed in the event of sponsor or instructor cancellation.

Please make check payable to:

**Neuro-IFRAH Clinics
by Waleed™**

and send it together with this application to:

Neuro-IFRAH Clinics by Waleed™ Memphis

6800 Poplar Avenue Suite 110 Memphis, TN 38138

Tel: 901-623-9020

Please contact sponsor regarding possibility of paying by credit card.

Application Process:

Send completed application to:

Neuro-IFRAH Clinics by Waleed™ Memphis

6800 Poplar Avenue Suite 110 Memphis, TN 38138

Applicants who meet the stated requirements will be accepted in the order received.

Optional Personal Statement:

To individualize each participant's learning experience, applicants are encouraged to enclose a letter that states any specific objectives they would like to meet in taking this course. This will allow the instructors to extend all efforts to help the participants work towards meeting their objectives, as well as the stated course objectives.

Evaluation Process:

Participants will be evaluated on their treatment/management planning and strategies following established criteria in accordance with stated course objectives. Feedback will be provided on an ongoing basis to facilitate a successful, supportive, growth oriented and individualized learning experience. Participants successful completion of the course objectives is up to the discretion of the instructor(s). Upon successful completion of the course, participants will be Neuro- IFRAH Certified® and will be eligible to take NEURO-IFRAH® Organization Advanced and Ultra Advanced courses.

For More Information Call:

Neuro-IFRAH Clinics by Waleed™ Memphis Tel: 901-623-9020

Refund Policy: All fees will be refunded except for \$100.00 administrative charge if written notice of withdrawal is received on or before one month prior to start of course date. NO Refunds will be granted after that date. Cancellation by sponsor/instructor will result in full refund of tuition. Sponsor/Instructor not responsible for additional expenses incurred by registrants.