



Neuro-IFRAH® Organization
3252 Holiday Court suite 207
La Jolla, CA 92037

Please Circulate to Physical and Occupational Therapy Departments
For Sponsoring Introductory, Intermediate, Certification or Advanced Courses
In your area, please call (858) 550-1455 or fax to (858) 550-5977

NEURO-IFRAH® Certification Course in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury

A Neuro-IFRAH®
Organization Approved
Course that includes basic
to advanced concepts of
the Neuro-Integrative
Functional Rehabilitation
And Habilitation
(Neuro-IFRAH®) approach
By Waleed Al-Oboudi

Courses held at the
Neuro-IFRAH®
Clinic and
Education Institute
in Foster City , CA
(San Francisco Area)

Please check website for dates
www.Neuro-IFRAH.org



Sponsored By:

Neuro-IFRAH® Organization

www.NEURO-IFRAH.org

Cost: \$2,900.00

Tuition Covers Parts I & II materials.
Full tuition due one month prior to the
starting date of each course.

Course Instructor:

**Waleed Al-Oboudi, MOT,
OTR/L** is a therapist and educator in
the field of rehabilitation nationally
and internationally for over 30 years.
He is the originator of the Neuro-
IFRAH® approach and is known for
his concepts and clinical skills in the
treatment and management of
patients affected by a stroke or brain
injury. Many of his basic to advanced
concepts are copied as he was the
mentor of a number of known
educators for many years. He is the
originator of all his intermediate to
advanced concepts and
applications. He is also the originator
of the IFRAH® concepts and
applications for patients affected by
orthopedic conditions. Mr. Al-
Oboudi's Neuro-IFRAH® approach
includes a whole system of hands on
therapy, training equipment, and
orthotics that are taught by Neuro-
IFRAH® Instructors at top facilities
and are popular and effective courses
nationally and internationally. Mr. Al-
Oboudi's concepts and clinical skills
are self evident and aim to set a
standard of excellence in
rehabilitation as they have been
continuously demonstrated in live
national conferences, courses, and
teleconferences for over 25 years.

- Refund Policy: All fees will be refunded
- except for \$55.00 administrative charge if
- written notice of withdrawal is received on or
- before one month prior to course date.
- NO Refunds will be granted after that date.
- Cancellation by sponsor/instructor will result
- in full refund of tuition. Sponsor/Instructor not
- responsible for additional expenses incurred
- by registrants.

Assistant Instructor is available with class
sizes above 16 participants

Location:

Neuro-IFRAH® Clinic and Education Institute

1241 E. Hillsdale blvd suite 250
Foster City, CA 94404
(San Francisco Area)
The Institute is 20-30 minutes from
the San Francisco airport

Participant Requirements:

Licensed Occupational or Physical
Therapist, Licensed Occupational or
Physical Therapy assistants, (Interested
Physicians, Speech Pathologists, RNs and
Recreational Therapists please contact the
sponsor for other courses or special
permission for attending parts or all of this
course.)

Course Description:

This 98 Hour certification course is
specifically designed for physical therapists,
occupational therapists, speech language
pathologists, physical therapy assistants, and
occupational therapy assistants who work
with adults with hemiplegia from a stroke or
brain injury. This comprehensive course
covers basic to advanced concepts and
effective application in a practical, organized
manner to enhance learning. The main
emphasis is on assessment and
management to develop excellence in
maximizing functional outcomes throughout
the continuum of care. This course utilizes an
integrative whole-person approach with
emphasis on restoring function and making it
functional for a return to independent living
and resumption/assumption of roles.
Challenges encountered by therapists in
meeting their patients' needs throughout the
continuum of care are addressed throughout
the course. The course consists of lecture,
laboratory practice, demonstrations, and
patient treatment. Individual attention by the
instructors will be provided to enhance
participants' observation, handling, and
problem-solving skills. This course includes
the practical application of current basic to
advanced concepts sequenced in a creative
manner to help all participants meet the
course objectives as well as their individual
objectives. Waleed Al-Oboudi, who has
taught the most multiple-week courses in the
past 10 years and the majority of the
advanced courses ever taught throughout the
United States, specifically designed this
course.

Course Objectives:

1. Identify the impact of the stroke / brain injury on the patient's life roles and the functional limitations interfering with his/her ability to resume / assume those roles.
2. Identify the primary & secondary impairments (movement & otherwise) underlying the functional limitations in various postures including function in upright posture.
3. Select functional activities that will assess the patient's functional limitations and underlying impairments in various postures including function in upright posture.
4. Identify concepts related to musculoskeletal biomechanics and function of the trunk, upper extremities, lower extremities, head/neck and overall body coordination.
5. Differentiate between normal and abnormal movement throughout the body in various postures and transitions in functional activities including activities in upright posture.
6. Identify concepts related to the impact of whole body alignment and control, as well as other mobility and control variables on respiration.
7. Identify missing components/processes necessary for interaction with the environment, effective learning and generalization of skills / carry over.
8. Develop a comprehensive treatment plan that will include preparation of mobility and control and facilitation of normal movement during functional activities in all postures, and ideas for carry over.
9. Develop strategies to facilitate the patients, increase awareness of the rehab process, improved self image and confidence, adaptation and planning / pacing skills.
10. Apply management strategies to help patients obtain missing components of movement throughout the body that are interfering with functioning at a higher level in all postures including function in upright posture.
11. Modify management strategies effectively based on the patient's response to maximize use of more normal and efficient movement patterns in functional activities.
12. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual motor and emotional considerations into activities of daily living and other functional activities.

Course Objectives cont.

13. Demonstrate effective application of handling concepts in developing upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
14. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual-motor, and emotional considerations into activities of daily living and other functional activities.
15. Identify concepts related to the restoration of automaticity throughout the whole body, and carryover in functional use during activities of daily living and other functional activities.

Application Neuro-IFRAH® Certification Course

Part I Dates: _____

Part II Dates: _____

Name: _____

Profession: _____

Mailing Address: _____

City: _____ State: _____

Zip code: _____

Phone: _____

Email: _____

Professional School Attended: _____

Date Graduated: _____

Current Position: _____

Hours of direct patient treatment per week: _____

Other Responsibilities: _____

Type of Facility: _____

Number of years treating adults with hemiplegia _____

Licensure Status/Malpractice Liability Insurance:

You are required to have malpractice liability insurance which will cover you during your participation in the course. If accepted you will be required to submit proof of current coverage. You must submit a copy of your current professional license/ registration with your application

Optional Personal Statement Enclosed:

Yes ___ No ___

(Please see comments regarding optional personal statement under the Application Process)

Do you want Hotel/Motel information to be forwarded to you?

Yes ___ No ___

Signature: _____

Date: _____

Note: We reserve the right to cancel this course, if necessary. Tuition will be reimbursed in the event of sponsor or instructor cancellation.

Please make check payable to:

Neuro-IFRAH Organization

and send it together with this application to:

Neuro-IFRAH Organization
3252 Holiday Court
suite 207
La Jolla, CA 92037
Tel: (858)550-1455
Fax: (858) 550-5977

Application Process:

Send completed application to: Neuro-IFRAH® Organization
3252 Holiday Court suite 207
La Jolla, CA 92037

Applicants who meet the stated requirements will be accepted in the order received

Optional Personal Statement:

To individualize each participant's learning experience, applicants are encouraged to enclose a letter that states any specific objectives they would like to meet in taking this course. This will allow the instructors to extend all efforts to help the participants work towards meeting their objectives, as well as the stated course objectives.

Evaluation Process:

Participants will be evaluated on their treatment/management planning and strategies following established criteria in accordance with stated course objectives. Feedback will be provided on an ongoing basis to facilitate a successful, supportive, growth oriented and individualized learning experience. Upon successful completion of the course, participants will be Neuro-IFRAH Certified® and will be eligible to take NEURO-IFRAH® Organization Advanced and Ultra Advanced courses.

For More Information Call:

Neuro-IFRAH® Organization
Tel: (858)550-1455
Fax: (858) 550-5977