# Rancho Los Amigos Rehabilitation Center

7601 Imperial Highway Downey, CA 90242



Please Circulate To P.T., O.T., And Speech Pathology Departments

For sponsoring Introductory, Intermediate, or Advanced Courses in Neuro-Integrative Functional Rehabilitation And Habilitation (NEURO-IFRAH®) in your area, please call (858) 550-1455 or visit www. NEURO-IFRAH.org

ADVANCED UPPER EXTREMITY COURSE

**AND** 

ADVANCED
HAND FUNCTION/
FINE MOTOR
CONTROL COURSE

Faculty:
Waleed Al-Oboudi

Presented By:



Neuro-Integrative Functional Rehabilitation and Habilitation (Neuro-IFRAH®) Organization

www.NEURO-IFRAH.org

# **ADVANCED UPPER EXTREMITY COURSE**

# **Course Description:**

This 5-day Course is specifically designed for occupational therapists who work with patients affected by stroke or brain injury. Licensed occupational therapy assistants, physical therapists and licensed physical therapy assistants require special permission for acceptance. As a prerequisite to attending this course, participants must have completed a NEURO-IFRAH® certification course.

This course consists for lecture and intensive lab sessions. Lab sessions will focus on development of advanced patients handling skills through working with other participants and actual patient treatment by participants. Lecture and Lab session are complemented by visual aids demonstrating the application of concepts and techniques provided in a clinical setting. Patient demonstration and individual attention by the instructor to participants during patient treatment session will be provided to enhance the participants handling and problem solving skills. This course meets one week of 6-weeks requirement for the NEURO-IFRAH Specialist® program.

#### **OBJECTIVES**:

Upon completion of the course, participants will be able to:

- Identify the Neuro-IFRAH® Approach Framework and handling guidelines as related to facilitation of upper extremity function.
- Identify concepts related to facilitation of fine motor skills improving hand alignment and decreasing or preventing hand impairments and functional limitations.
- Identify concepts related facilitation of upper extremity use/function for support, manipulation, balance, expressions, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
- Identify concepts related to facilitation of upper extremity control in the development of reach in all directions improving shoulder alignment and decreasing or preventing shoulder impairments and functional limitations.
- Demonstrate effective application of handling techniques in realignment of the scapula and facilitation of scapula control in coordination with trunk and upper extremity movements.
- Apply handling techniques to facilitate upper extremity function in coordination with the whole body.
- Apply handling technique to facilitate upper extremity function in control of posture, transitional movement, and functional activities in postures.
- Identify concepts related to the restoration of upper extremity automaticity and carryover in functional use during ADL's and other functional activities.

# **Faculty:**

WALEED AL-OBOUDI, MOT, OTR, is a therapist and educator in the field of rehabilitation nationally and internationally for over 30 years. He is the originator of the Neuro-IFRAH® approach and is known for his concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury. Many of his basic to advanced concepts are copied as he was the mentor of a number of known educators for many years. He is the originator of all his intermediate to advanced concepts and applications. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al-Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro-IFRAH® Instructors at top facilities and are popular and effective courses nationally and internationally. Mr. Al-Oboudi's concepts and clinical skills are self evident and aim to set a standard of excellence in rehabilitation as they have been continuously demonstrated in live national conferences, courses, and teleconferences for over 25 years.

#### **Location:**

#### Rancho Los Amigos Rehabilitation Center

7601 Imperial Highway Downey, CA 90242 (562) 385-6280 email: Rchu@dhs.lacounty.gov

#### Hotel/Motel Information:

Please contact Sponsor for hotel information (562) 385-6280.

#### Information:

# Rancho Los Amigos Rehabilitation Center

Contact: Remy Chu Rchu@dhs.lacounty.gov Tel: 562-385-6280

For more information regarding other courses, please contact WWW.NEURO-IFRAH.org

# **ADVANCED HAND FUNCTION/FINE MOTOR**

# **Course Description:**

This 5-day Course is specifically designed for occupational therapists who work with patients affected by stroke or brain injury. Licensed occupational therapy assistants, physical therapists and licensed physical therapy assistants require special permission for acceptance. As a prerequisite to attending this course, participants must have completed a NEURO-IFRAH® certification course.

This course consists for lecture and intensive lab sessions. Lab sessions will focus on development of advanced patients handling skills through working with other participants and actual patient treatment by participants. Lecture and Lab session are complemented by visual aids demonstrating the application of concepts and techniques provided in a clinical setting. Patient demonstration and individual attention by the instructor to participants during patient treatment session will be provided to enhance the participants handling and problem solving skills. This course meets one week of 4-weeks requirement for the NEURO-IFRAH Specialist® program.

#### **OBJECTIVES**:

Upon completion of the course, participants will be able to:

- Identify normal movement components of of upper extremities specifically the hand.
- Discuss biomechanics of the upper extremity with an semphasis on the hand.
   Analyze typical patterns of the hand that interfere with function.
- Discuss the development and effect of hand function as related to proximal control.
  - Demonstrate appropriate treatment strategies during treatment practicum.
- Synthesize information to develop appropriate treatment estrategies for persons with neurological dysfunction.
- Identify concepts related to characteristics of hand use/ function, facilitation of hand function/fine motor skills, improving hand alignment and decreasing or preventing hand impairments and functional limitations.
- Apply handling techniques to facilitate hand function in coordination with the whole body.
- Apply handling techniques to improve hand alignment and mobility and facilitate hand function/ fine motor control in coordination with the whole body in functional conditions....
- Identify concepts related to the restoration of upper extremity automaticity and carryover in functional use during ADL's and other functional activities.

# **Faculty:**

WALEED AL-OBOUDI, MOT, OTR, is a therapist and educator in the field of rehabilitation nationally and internationally for over 30 years. He is the originator of the Neuro-IFRAH® approach and is known for his concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury. Many of his basic to advanced concepts are copied as he was the mentor of a number of known educators for many years. He is the originator of all his intermediate to advanced concepts and applications. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al-Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro-IFRAH® Instructors at top facilities and are popular and effective courses nationally and internationally. Mr. Al-Oboudi's concepts and clinical skills are self evident and aim to set a standard of excellence in rehabilitation as they have been continuously demonstrated in live national conferences, courses, and teleconferences for over 25 years.

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#### **GENERAL INFORMATION**

TIME: 9:00 am~5:30 pm

REGISTRATION: 8:30am ~ 9:00 am

COSTS: \$2,300.00 per course or \$4,100 early bird combo discount prior to August 4, 2023. After August 4, 2023, \$2,800 per course or \$5,100 for combo discount.

REGISTRATION: Registration is limited to ensure personal attention. A check or credit card form must accompany the registration form.

PROFESSIONAL LIABILITY: Proof of liability insurance is required to treat patients and complete the course. Proof of professional liability insurance must be submitted with your registration. Attach a copy of your policy or a letter of verification on letterhead stationery from your place of employment stating that you are covered while you are away from your workplace.

MEALS: Participants are on their own for lunch

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PARKING: Available at location.

REFUND POLICY: All fees will be refunded except for \$100.00 administrative charge if written notice of withdraw is received one month before course starting date. No refunds will be granted after that date. Cancellation by sponsor/instructor will result in full refund of tuition. Sponsor is not responsible for additional expenses incurred by registrants.

#### REGISTRATION

Please enroll me in the course:
☐ Advanced Upper Extremity:  Date of Course: November 4-8, 2023
Enclosed is a check for:  \$2,300 \$2800  Other \$
☐ Advanced Hand Function/Fine Motor:
Date of Course: November 10-14, 2023
Enclosed is a check for:  ☐ \$2,300 ☐ \$2800  ☐ Other \$
Name:
Address:
City : State: Zip:
Daytime Phone:
Evening Phone
Profession:
Work Place:
Completed  Course Mo Yr  Certificate #
□ Neuro-IFRAH® Certification Course
Do you want Hotel / Motel Information to be forwarded to you?  ☐ Yes ☐ No Signature:
Date:
*Send completed application to Remy Chu at rchu@dhs.lacounty.gov. Once approved, you will be directed to a payment portal.*
Rancho Los Amigos Rehabilitation Center 7601 Imperial Highway Downey, CA 90242 (562) 385-6280 email: Rchu@dhs.lacounty.gov

Please note that the criteria to be admitted into Neuro-IFRAH® advance courses REQUIRE that the applicants be Neuro-IFRAH Certified® and are using the information learned in the Neuro-IFRAH® Certification Course in the treatment and management of patients with a Stroke and/or Brain Injury. Participants successful completion of the course objectives is up to the discretion of the instructor(s).